

TIMIAN CURRICULUM 2019

CHAPTER ONE Core Values

Upon completing this chapter, participants will:

- Understand the ingredients for building trust
- Understand the relationship between staff and those they support
- List three ways in which we support people who've been wounded
- Be able to list the five P's of Invitational Theory
- Understand active listening
- Describe empowering people
- Describe the communication process
- Recognise mistakes as part of healthy relationships



CHAPTER TWO Behaviour as Communication

Upon completing this chapter, participants will:

- Define behaviour
- Understand the causes of behaviour
- Understand the role of communication in behaviour
- Describe different cultural contexts for behaviour
- Describe the different elements that make up communication
- List the three C's of communication
- Understand the role of likability in communication
- Describe the functions of behaviour
- Understand different perceptions

CHAPTER THREE Individual Response Strategies

Upon completing this chapter, participants will:

- List the Four D's
- Describe the three stages of an Individual Response Strategy
- Understand meeting basic needs
- Describe the SPACED Model
- Understand the role of body language and posture
- Describe the role of eye contact in an IRS
- Understand and describe the Crisis Cycle
- Describe how different responses are applied at different stages of the Crisis Cycle
- Describe the relationship between Maslow's Hierarchy of Needs and the Crisis Cycle

CHAPTER FOUR Standards

Upon completing this chapter, participants will:

- Describe the process of Post-Incident debriefing
- List the three stages of debriefing
- Understand the potential outcomes in conflict management
- Understand the legal issues surrounding managing challenging behaviour
- Describe the relevance of the Offences Against the Person Act 1861
- Understand the role of the Health and Safety at Work regulations
- Describe their organisations reporting policy
- Describe risk assessment
- Understand the Mental Capacity Act and Deprivation of Liberty Safeguards

CHAPTER FIVE Physical Interventions

Upon completing this chapter, participants will:

- Demonstrate safe breakaway from being held
- Demonstrate understanding of the scope of restraint related injuries
- Identify the factors that increase the risk of restraint related injuries
- Identify the safety factors that decrease the risk of restraint-related injuries
- Recognise restraint responses that indicate distress
- Explain the positional risks related to restraint responses
- Describe the criteria for when to use physical restraint
- Define what the term restraint means
- List the key points to follow when faced with a situation that may require the use of breakaway or restraint
- Describe the possible dangers of asphyxiation when using physical restraint
- Demonstrate each of the skills taught in this chapter
- Identify what is meant by threat that is believable, capable, and immediate
- Identify how restraint can traumatise or re-traumatise
- Understand the principles of Restraint Reduction



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